

#### INTRODUCTION

Protein is one of the most important components in having a healthy diet as it aids in helping the body repair cells and make new ones and to regenerate muscle. The consumers of today are making purchase choices based on alternative ingredients as they are more conscious on the ingredient lists, how their choices affect the environment and want more brands that are sustainably produced. The increase in demand for protein alternatives have increased by 30% since 2020 and is expected to grow exponentially by 2025.

At Futura Ingredients, we have innovative solutions that cater for the ice cream, bakery and beverage. Our

formulations are not just innovative but are customisable to fit the needs of manufacturers in their preferred applications. We offer a range of solutions that not only meet the demands of the plant-based food space but also provide textural and sensorial satisfaction for consumers as a holistic eating experience.

Speak to us to find out how we tackle formulation concerns with the combination of Ekölite VITA Plant Protein Series, which uses plant protein sources from pea, brown rice, pumpkin seeds and the Ekömul KREM Series of Texturising Systems as the solution to perfecting the different application formulations.



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## **PEANUT BUTTER**

# Cookies

Peanut butter cookies are truly a delight. Traditionally, Chinese peanut cookies are made with ground peanuts, but in Indonesia, they are made with peanut butter and the result is delicious!

Highly praised for its melt-in-themouth feel at every bite, these cookies have a fragrant nutty taste that makes one bite never enough!

**Ekölite VITA Fibre Inulin 90 Ekölite VITA Protein Pea 85** 

#### **Formulation Example**

Ingredients	Dosage (%)
All Purpose Flour	21.0
White Sugar	7.6
Brown Sugar	7.6
Cooking Oil	7.9
Salt	0.4
Ekölite VITA Fibre Inulin 90	8.0
Ekölite VITA Protein Pea 85	5.3
Baking Powder	0.3
Peanut Butter	42.0
TOTAL	100.00
RACC of Cookie	30
Fibre/100g	10.7
% DV of Fibre per RACC (based on 28g DV of Fibre)	11.5
Protein (g/100g)	17.1
% DV of Protein per RACC (based on 50g DV of Protein)	10.2



# CHIA SEED Muffin

A super food in its own, our formulation for Chia Seed Muffin is fluffy and delicately sweetened with brown sugar and almond milk. The addition of **Ekömul MYXT 373 PGI FLOW** facilitates better batter emulsion that creates a fine crumb structure giving you a light and fluffy delightful muffin.

#### **Ekömul MYXT 373 PGI FLOW**

Facilitates batter emulsion

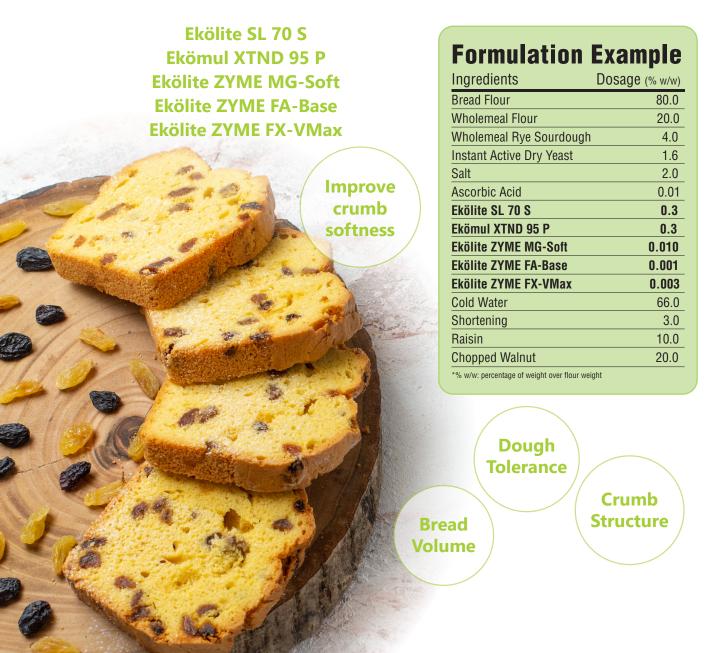
#### **Formulation Example**

Ingredients	Dosage (%)
All Purpose Flour	28.3
Brown Sugar	17.7
Almond Milk	28.3
Ekömul MYXT 373 PGI FLOW	0.9
Salt	0.2
Canola Oil	8.8
Vanilla Extract	0.5
Baking Powder	1.2
Sorbitol	2.3
Chia Seed	11.8
TOTAL	100.0
RACC of Muffin (g)	110
Fibre/100g	3.0
% DV of Fibre per RACC (based on 28g DV of Fibre)	11.9

Crumb softening Fine crumb structure

# WHOLEMEAL WALNUT Raisin Bread

Enjoy a wholesome slice of walnut raisin bread that is fully plant based in formulation. The combination use of **Ekölite SL 70 S**, **Ekömul XTND 95 P, Ekölite ZYME MG-Soft, Ekölite ZYME FA-Base**, **Ekölite ZYME FX-VMax** will improve crumb softness, crumb structure, increase bread volume and strengthen dough tolerance.



# HIGH FIBRE CHOCOLATE CHIP Muffin

Plant based chocolate chip muffins with huge bakery-style muffin tops! These muffins are soft and fluffy, and loaded with dairy-free chocolate chips. These muffins have vanilla, and extra chocolate chips for a wholesome bakery-style touch that will leave you mesmerised with how super moist and soft with crunchy tops, lots of melty chocolate chips and they are plantbased!

### Ekömul MYXT 373 PGI FLOW Ekölite VITA Fibre Polydextrose 95

Facilitates Emulsification

#### **Formulation Example**

Ingredients	Dosage (%)
All Purpose Flour	21.0
Cocoa Powder	5.2
Brown Sugar	16.0
Baking Powder	1.1
Baking Soda	0.3
Salt	0.2
Ekölite VITA Fibre Polydextrose 95	2.1
Ekömul MYXT 373 PGI Flow	1.50
Unsweetened Oat Milk	26.0
Canola Oil	8.0
Sorbitol	2.2
Vanilla Extract	0.5
Vegan Chocolate Chips	16.0
TOTAL	100.0
RACC of Muffin (g)	110
Fibre/100g	4.1
% DV of Fibre per RACC (based on 28g DV of Fibre)	16.2

Finer Crumb Structure **Extend Shelf Life** 

**Enhance Fiber Content** 

# **CHOCOLATE CHIPS & WALNUT**

If you enjoy a crispy cookie from time to time, then our chocolate chip walnut cookies are not just the perfect snack but are actually good for you. These high protein and fibre fortified cookies beauties deliver...BIG TIME! What could be better that a snack loaded with chocolate and yep, walnuts!

**Ekölite VITA Fibre Inulin 90 Ekölite VITA Protein Pea 85 Ekölite SL 70 S** 

**Improve** Cookie **Texture** 

> **Enhance Protein** Content

Dosage (%) Ingredients 22.7 All Purpose Flour Cocoa Powder 2.5

**Formulation Example** 

Baking Powder 0.3 Baking Soda 0.2 Cocoa Mass 5.1 Shortening 15.7 White Sugar 11.1 Ekölite VITA Fibre Inulin 90 3.0 **Ekölite VITA Protein Pea 85** 3.0 Ekölite SL 70 0.1 2.5 Glucose Syrup Salt 0.4 Water 6.3 Vanilla Flavour 0.5 **Chocolate Chips** 15.2 Walnuts (chopped) 11.4 **TOTAL** 100.0 30 RACC of Cookies (g) Fibre/100g 6.0 % DV of Fibre per RACC 6.4 (based on 28g DV of Fibre) Protein (g/100g) 8.0 % DV of Protein per RACC 5.0

(based on 50g DV of Protein)

**Enhance Fibre** Content



## UHT PeaCe Protein

The formulation of this pea and rice protein, fibre enriched plant-based beverage is not only good for health but is further enhanced with **Ekömul KREM 307 ND** to ensure a shelf stable emulsion with creamy mouthfeel and improved suspension. A unique composition, perfect for a beverage on-the-go.

**Formulation Example** 

**Ekölite VITA Protein PeaCe 83** 

**Ekölite VITA Fibre Polydextrose 95** 

Dosage (%)

3.50

3.20

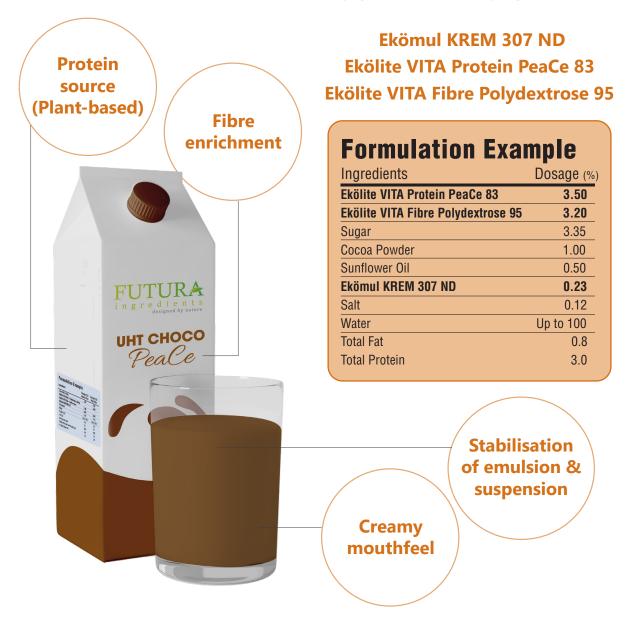
Ingredients

Ekömul KREM 307 ND
Ekölite VITA Protein PeaCe 83
Ekölite VITA Fibre Polydextrose 95



# UHT CHOCO PeaCe

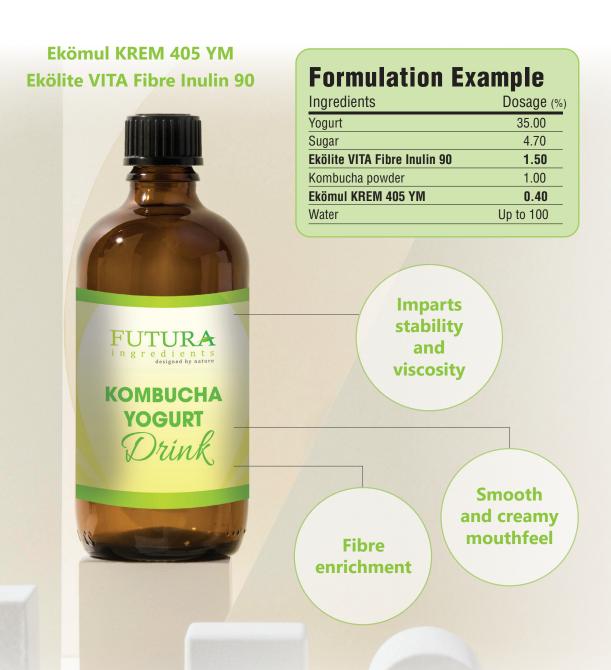
A decadent chocolate beverage that is perfect for the health conscious consumer. The formulation of this pea and rice protein, fibre enriched plant-based beverage is not only good for health but is further enhanced with **Ekömul KREM 307 ND** to ensure a shelf stable emulsion with creamy mouthfeel and improved suspension. Chocolaty goodness for any age.



### **KOMBUCHA YOGURT**



Kombucha and yogurt can both introduce more beneficial bacteria to the body. This helps to rebuild the flora and maintain gut health, leading to improved digestion and a healthy immune system. A combination that is quickly gaining popularity both as a refreshing drink and health properties.



# UHT CHOCO PeaCe BEVERAGE, High Fibre

Pea and rice proteins are a great example of high-quality plant-based proteins that can improve your overall health, as well as support muscle growth and recovery. Now available in CHOCOLATE flavour!

They are ideal for those with food allergies, intolerances, or someone wanting to incorporate more plant-based foods into their diet.

Mix pea and rice protein in your oatmeal, smoothie, shakes, pancakes, energy bites, muffins, etc. The options are endless, just have fun with it!



#### **Formulation Guide**

## **UHT Choco PeaCe Beverage,** High Fibre

#### **Formulation Example**

Ingredients	Dosage (%)
Ekölite VITA Protein Pea 85	3.50
Ekölite VITA Fibre Polydextrose 95	3.20
Sugar	3.35
Cocoa Powder	1.00
Sunflower Oil	0.50
Ekömul KREM 307 ND	0.23
Salt	0.03
Water	Up to 100
Fat	0.8
Protein	3.0

## Nutrition Facts Serving Size: 250ml

Calories: 100 kcal / 547 kJ

Amount Per Serving (250ml)	
Total Fat (g)	2.6
Saturated Fat	1.0
Sodium	34.4
Total Carbohydrate(g)	26.1
Dietary Fibre (g)	8.8
Sugars (g)	8.2
Protein (g)	7.6



# UHT PeaCe 83 PROTEIN DRINK WITH

Cherry Blossom

Extract
(PEACE PINK BLOSSOM)

**UHT PeaCe 83 PROTEIN DRINK WITH** Cherry Blossom Extract is a **sweet** and **creamy drink** that blends beverage with the subtle flavours of cherry blossom.

This beverage will transport you to Korea in **romantic spring** and will **delight your taste buds**!



#### **Formulation Guide**

# UHT PeaCe 83 PROTEIN DRINK WITH Cherry Blossom Extract (PEACE PINK BLOSSOM)

#### **Formulation Example**

Ingredients	Dosage (%)
Ekölite VITA Protein PeaCe 83	3.50
Ekölite VITA Fibre – Polydextrose 95	3.20
Sugar	3.50
Sunflower Oil	1.00
Cherry Blossom Powder	0.50
Ekömul KREM 307 ND	0.23
Cherry Blossom Extract	0.03
Colour	+
Salt	0.03
Water	Up to 100
Fat	1.0
Protein	2.9

#### **Nutrition Facts**

Serving Size: 250ml

Calories: 100 kcal / 453 kJ	
Amount Per Serving (250ml)	
Total Fat (g)	3.6
Saturated Fat	1.0
Sodium	29.2
Total Carbohydrate(g)	24.1
Dietary Fibre (g)	7.9
Sugars (g)	8.6
Protein (g)	7.1



### **PLANT-BASED OAT**

# Frozen Dessert

This plant-based solution is perfect for consumers who want to indulge but prefer dairy-free formulations to suit their lifestyle. Our oat milk frozen dessert is a creamy, delicious, plant-based alternative to traditional dairy ice cream.

There is nothing not to love about this flavour!

#### **Ekömul KREM 538 MGI**

<b>Formulation Exa</b>	ample
Ingredients [	Dosage (%)
RBD Coconut Oil	3.70
Sucrose	13.00
Glucose Syrup	4.50
<b>Ekölite VITA Fibre Polydextrose</b>	95 5.00
Ekölite VITA Protein PeaCe 83	1.40
Ekömul KREM 538 MGI	0.40
Salt	0.10
Water	20.00
Pasteurised Oat Milk	51.90
Total	100.00
Total Fat	5.00
Total Protein	2.02
Total Carbohydrate	27.2
Total Fibre	6.05
Total Solids	34.86
Overrun	100%
Relative Sweetness	14.35
Freezing Point Depression Factor	20.41



# NO ADDED SUGAR, PLANT-BASED VANILLA Frozen Dessert

Frozen desserts do not always have to include milk in its formulation. This plant based frozen dessert will trick your pallet because it has no sugar added, has added fibre and is water based. **Ekömul KREM 539 MGI** pull this formulation together to create the mouthfeel and texture. A frozen dessert formulation that is actually good for you!

ngredients	Dosage (%)	
RBD Coconut Oil	8.00	
rythritol	6.00	/ Provide \
Sorbitol	3.00	dry
tevia	0.002	\ extrusion /
Monkfruit Juice Concentrate	0.20	CATTUSION
kölite VITA Fibre Inulin 90	10.00	
kölite VITA Protein PeaCe 83	3.60	/ Excellent
kömul KREM 539 MGI	0.55	Excellent   melting
anilla Extract	++	shape resistance
Salt	0.10	retention
Vater	68.55	
otal	100.00	
otal Fat	8.00 3.06	
otal Protein		
otal Carbohydrate	19.00	
otal Fibre	9.00	
otal Solids	30.55 100%	Nutrition Facts Serving Per Container 4
verrun delative Sweetness	16.10	Anoust For scring (1909)  ingredients  Catherine (not)  ingredients  Anoust For scring (1909)  Label (1909)  Anoust For scring (1909)  Indicate (1909)  Anoust For scring (1909)  Anoust For scring (1909)  Label (1909)  Anoust For scring (1909)  An
		Debay Fiber (g)   7.6   Sogars (g) - 7.0   Ferretat (g) 7.0
reezing Point Depression Factor	22.40	VANILLA  Spatianti, Willia, Sair and A pools, main ban constraint, Ellery Will Fire Parlations 55.
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### **KOMBUCHA**

## Sorbet

The use of **Ekömul KREM 523 GS** enhances mix viscosity, allows air incorporation. It also increases the meltdown resistance with good flavour release.



# PLANT-BASED COFFEE Frozen Dessert

An invigorating after meal dessert that is not only refreshing but also fibre fortified and PLANT-BASED! A coffee lovers perfect bite all in one.



# PINACOLADA Sorbet

A deliciously smooth blend of pineapple and coconut to create a creamy, delicious and flavorful pineapple coconut dessert.

This sorbet will leave you feeling like you are on a tropical island.



### **Ekömul KREM 567 GS Ekölite VITA Fibre Polydextrose 95**



#### **Application Guide ICE CREAM & FROZEN DESSERTS**

#### **Formulation Example**

Ingredients	Dosage (%
Sucrose	8.00
Erythritol	4.00
Glucose syrup, 80% solids	2.00
Ekömul KREM 567 GS	0.50
Ekölite VITA Fibre Polydextrose 95	10.00
Salt	0.10
Pure coconut water	37.70
Pure pineapple juice	37.70
Total	100.00
Total Fat	0.00
Total Protein	0.00
Total Fibre	9.50
Total Solids	24.20
Relative Sweetness	16.68
Freezing Point Depression Factor	26.67
Overrun	60%

## Nutrition Facts Serving Size: 1/2 cup

Serving Per Container: 4 Per 100g:	
Calories (kcal)	159
Total Fat (g)	0.0
Total Carbohydrate(g)	35.1
Dietary Fibre (g)	9.5
Sugars (g)	8.0
Sugar Alcohol (g)	4.0
Total Protein (g)	0.0





# LETTUCE ZVrap

Low carb high protein meals are all the craze these days. Lettuce wraps are made with ground / mince meat alternatives and vegetable filling with a savoury Chinese sauce spooned into lettuce cups, then wrapped into a roll shape to eat. Get the seasoning right and you can pretty much put anything into the filling. And it is one of those rare recipes that is genuinely great

100g Futoppia™ SS Asian
Style Minced Meat Seasoning
100g Texturised Vegetable Protein (TVP)
300g water
2-3 tablespoon Vegetable Oil

**1-2 tablespoon** Sesame Oil Fresh Vegetables (e.g Iceberg lettuce, Baby Romaine)

#### Method:

- Mix Futoppia<sup>™</sup> SS Asian Style
   Minced Meat Seasoning and TVP
   in bowl
- 2. Add 300g of warm water and stand for 2-3 minutes or until the water is completely absorbed
- 3. Pre-heat a non-stick fry pan over medium heat, add 2-3 tablespoon of vegetable oil
- 4. Add hydrated TVP (with seasoning) stir fry for 2-3 minutes on high heat
- 5. Turn the heat to medium-low and continue to stir fry for 5 minutes
- 6. Add 1-2 tablespoon sesame oil at finishing of cooking
- 7. Serve in fresh vegetables or directly on top of rice, noodles or salads



# PASTA Bolognese

**35g** Texturised Vegetable Protein (TVP)

**105g** Water 1

**33g** Futoppia<sup>™</sup> SC Bolognese Sauce Premix

**165g** Water 2

5-6 tablespoons Vegetable Oil

#### **Method:**

- 1. Hydrate TVP with water 1 (ratio 1:3) for 30 minutes
- Mix the Futoppia<sup>™</sup> SC Bolognese Sauce Premix with water 2 (ratio 1:5). Stir well
- 3. Heat the oil in large pot. Add in hydrated TVP and Bolognese Sauce Premix solution
- 4. Stir and cook over medium heat for 7-10 minutes
- 5. Serve with cooked pasta



# PLANT-BASED ITALIAN Meatball

16.0% Futoppia™ MM Plantbased Italian Meatball Premix

**18.0%** Texturised Vegetable Protein (TVP)

**48.0%** Water

**18.0%** Vegetable Oil

**100%** Total

#### **Method:**

- 1. Mix all ingredients in a mixer until homogenous
- 2. Allowed hydration time of at least 30 minutes
- 3. Shape into meatballs
- 4. Par fry for 30 seconds and freeze it
- 5. Cook meatballs in the pan over medium heat for 7-8 minutes



# PLANT-BASED CHICKEN Sugget

19.0% Futoppia<sup>™</sup> MM Plantbased Chicken Nugget Premix

**16.0%** Texturised Vegetable Protein (TVP)

**50.0%** Water

15.0% Vegetable Oil

**100%** Total

#### Method:

- 1. Mix all ingredients in a mixer until homogenous
- 2. Form into nuggets shape, coat, and par fry for 30 seconds then freeze it
- 3. Deep fry for 4-5 minutes until golden brown

## PLANT-BASED BEEF BURGER

# Patties

16.2% Futoppia™ MM Plantbased Beef Burger Patties Premix

**17.5%** Texturised Vegetable Protein (TVP)

**48.0%** Water

18.3% Vegetable Oil

**100%** Total

#### **Method:**

- 1. Mix all ingredients in a mixer until homogenous
- 2. Allowed hydration time of at least 30 minutes
- 3. Form into patties shape and freeze it
- 4. Pan fry or grill at a medium heat for 3-5 minutes each side





